No matter how great a memory one has, the need for constant reminders will never cease. To ensure the brothers and sisters would be eager to confirm their call and election and never stumble, the Apostle Peter felt he should keep on reminding them of his previous teachings on Christ's power in their lives, although they knew this already and were established in the truth that had come to them. This, in part, was the reason for writing the Letter.

Although the Twelve had been eyewitnesses to Jesus' life and ministry, He said the Advocate, the Holy Spirit, whom the Father would send in His Name, would have to remind them of all that Jesus had said to them.

In both Epistles to Timothy, the Apostle Paul felt it necessary to remind him not to neglect, but to rekindle, the Gift of God within him through the laying on of hands.

This may also explain the peculiar advice Paul gave Timothy for his frequent stomach ailments. The real and sole power of the wine was the power of remembrance.